





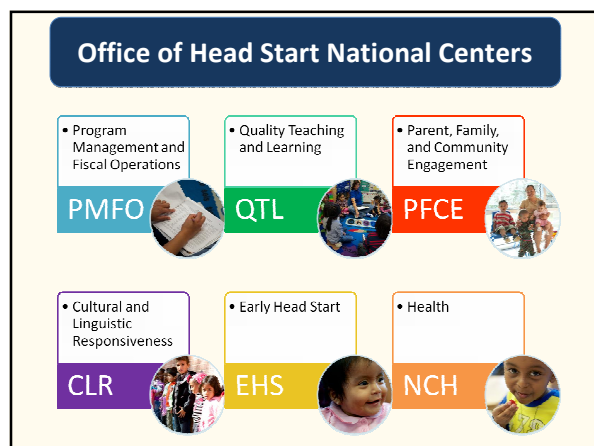
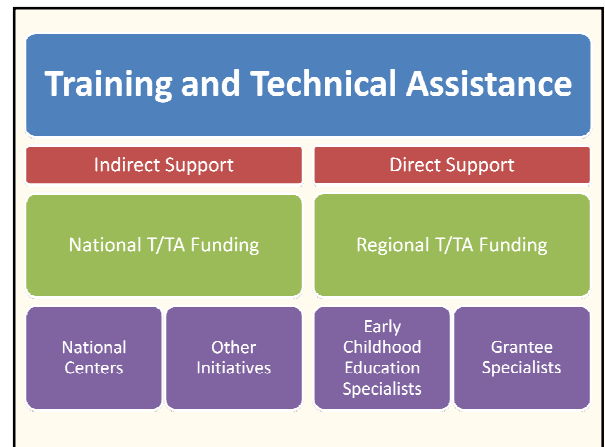
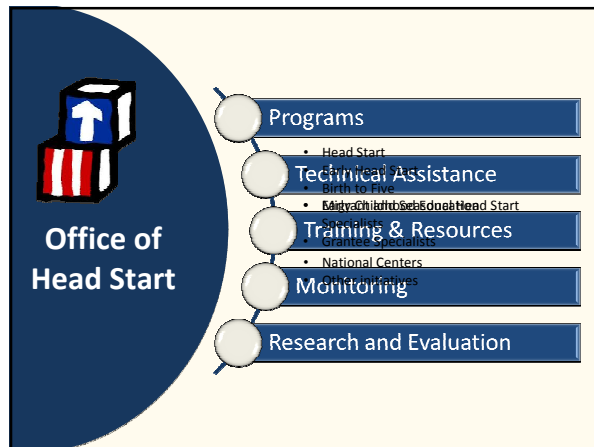
**Head Start
National Center on Health
Oral Health Project**

**National Oral Health Conference
Huntsville, AL
April 24, 2013**



**An Introduction to the
Head Start
National Center on
Health**

Kimberly Stice, M.A.

National Center on Health Partners

- American Academy of Pediatrics
- Education Development Center
- Georgetown University, Center for Child and Human Development
- Georgetown University, National Maternal and Child Oral Health Resource Center working in collaboration with the Association of State and Territorial Dental Directors
- University of California Los Angeles (UCLA) Anderson School of Management, UCLA Health Care Institute
- University of North Carolina at Chapel Hill, National Training Institute for Child Care Health Consultants

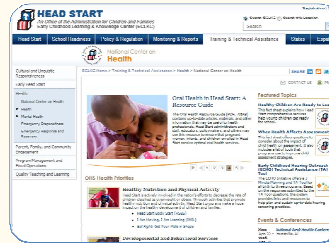


Office of Head Start Priority Health Issues

- Healthy active living
- Mental health
- Safety and injury prevention
- Health literacy
- Oral health and dental homes
- Asthma prevention with special emphasis on tobacco exposure prevention



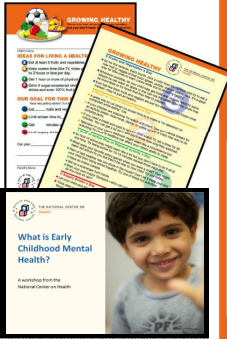
National Center on Health Resources



- Newsletters
- Courses
- Webinars
- Tip sheets
- T/TA tools



Resources for Staff



Brush Up on Oral Health

October 2012

- To Use or Not to Use: Fluoridated Toothpaste
- Moving Toothbrushing from the Sink to the Classroom
- Tackling the Mystery Out of Toothbrush Storage
- Healthy Kids, Healthy Mouths Campaign
- Cook's Corner Recipes for Healthy Snacks

Did You Know?
The first toothbrush was a wad of chewing sticks, which were later toothbrushes, were used to remove food and breast milk. Over time, people began to chew on one end of a stick that was about the size of a pencil. Chewing on the stick would clean it. The stick and chewer are used to brush the teeth.

The model for the modern-day toothbrush was invented in China across time between 1500 and 1500 AD. These toothbrushes had bamboo handles, and had bristles made from animal hair.

Fostering a culture of health and wellness for your children, teens and staff

Active Inspiration: A Supplemental Part About from The Head Start National Center on Health

Encourage children to be physically fit, eat their food and enjoy their time outdoors. The Head Start Program Performance Standards require that "no child shall be left alone or unsupervised while under the care of" (CFR 15C 1212.105). We want to ensure supervisors and care workers will be health children and staff!

What is Active Inspiration?
Active inspiration requires frequent observation of children at all times. Educators will be observing children's behavior and their own behavior to ensure that they are safe. All of the children, including, swimming, and taking all at times. They also use their knowledge of each child's development and abilities to ensure that they will do, then get involved and reduce stress when necessary. This content requires high-quality supervision.

Resources for Staff

Resources for Staff

- HEALTHY LITERACY: What is Health Literacy?
- SAFETY AND INJURY PREVENTION: What is Safety and Injury Prevention?
- MENTAL HEALTH: What is Early Childhood Mental Health?
- ORAL HEALTH: How Can You Promote Good Oral Health?
- SAFE SLEEP: What is Safe Sleep?
- HEALTHY BREATHING IN HEAD START: How Can Programs Support Healthy Breathing for Children?

Every Child Has a Right to be Safe: Moving From Data to Solutions
A Webinar from the National Center on Health

Supervising Children on Head Start Buses
A Webinar from the National Center on Health

Eliminating Tobacco Use and Exposure: The Head Start Opportunity
A Webinar from the National Center on Health

New Resources for Families

New Resources for Families

- ACTIVE PLAY: Healthy Habits Start Early
- HEALTHY LITERACY: A KEY TO UNDERSTANDING HEALTH INFORMATION
- HEALTHY BREATHING AT HOME
- HEALTHY EATING: Healthy Habits Start Early
- MENTAL HEALTH: What is mental health?
- SAFETY AND INJURY PREVENTION
- ORAL HEALTH: You Can Promote Good Oral Health By:
- SAFE SLEEP: What is Safe Sleep?

Focus on School Readiness

Focus on School Readiness

Fostering a culture of health and wellness for Head Start children, families and staff

When Health Affects Assessment

Assessment collects information about a child's school readiness and individual learning (Head Start National Center on Quality Teaching and Learning, 2012).

A Child's Health Can Affect Performance on Assessments
A child's health status (including physical, nutritional, oral, and mental health) affects his or her ability to perform well on assessments. The health and wellness of a child's family can also influence their performance. Early childhood is a time of rapid growth. Young children develop at different rates. Child assessment provides a clear picture of a child's learning, but health factors can influence these results.

What to Consider When Conducting Ongoing Child Assessment

Ongoing child determine child consider an ed, developing as accurate picture none of health c information, et

Fostering a culture of health and wellness for Head Start children, families and staff

Healthy Children Are Ready to Learn

Being Healthy Is Critical To School Readiness
Health and school readiness begin long before a child enters a classroom. "Striking disparities in what children know and can do are evident well before they enter kindergarten. These differences are strongly associated with social and economic circumstances and they are predictive of subsequent academic performance (Shankoff and Phillips, 2000)." Young children who are healthy and safe are more prepared for school.

National Center on Health Top Training Topics

- Child safety and injury prevention
- Strategies for promoting oral health of pregnant women, infants, and young children
- Effective oral health community partnerships
- Engaging families in healthy active living
- Health literacy
- Linking school readiness and health
- Promoting data-driven decision making in health services
- Early childhood mental health



National Center on Health Priority Issues



- Emergency preparedness and response
- Connecting children with medical and dental homes
- Health manager networks
- Home visiting
- Toxic stress and trauma in early childhood
- Orientation for new health managers
- Staff wellness



Oral Health Project Activities to Support Providers and National Partnerships

**Kathy Geurink,
R.D.H., M.A.**



Oral Health Project Guiding Principles

- Promote evidence-informed, practice-based, developmentally appropriate, and culturally sensitive messages, materials, and services
- Focus on prevention and early intervention
- Preserve what works while promoting innovation
- Leverage public/private partnerships
- Communicate and coordinate with health professionals, child care professionals, and representatives from government agencies, organizations, and programs



Oral Health Project Activities

1. Use a three-pronged approach targeting parents, programs, and providers within a framework for oral health activities that includes disease prevention and management, access to care, and systems integration.
2. Focus on the oral health needs of infants, children, and pregnant women enrolled in Head Start.



Oral Health Project Activities (continued)

3. Establish and maintain a communication network at the national, regional, and state levels to share information with national organizations, regional offices, Head Start state collaboration offices, state Head Start associations, state oral health programs, health professionals, and others about Head Start oral health issues.
4. Collaborate with the American Dental Hygienists' Association to use volunteer dental hygienist contacts in each state to serve as primary information conduits between NCH and state contacts.

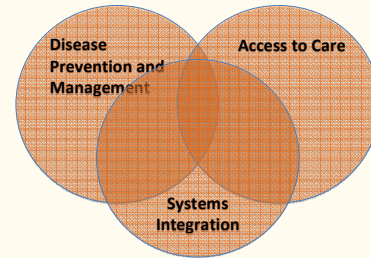


Oral Health Project Activities (continued)

5. Seek guidance about ways to accomplish oral health program activities, with particular attention to the unique needs of American Indian and Alaska Native Head Start programs, Seasonal and Migrant Farmworker Head Start programs, and children with special health care needs.



Oral Health Project Framework for Promoting Oral Health Services



Disease Prevention and Management

- Collaborate with organizations to widely distribute NCH evidenced informed information and materials.
- Assist in locating policy statements, guidelines, training materials, and new research, and disseminate these.
- Present at national and regional trainings.



Access to Care

- Contact key individuals in each state to determine their ability to assist with T/TA, linking programs to dental homes, and other Head Start activities.
- Collaborate with organizations to increase the involvement of federally qualified health centers with Head Start programs.



Access to Care (continued)

- Continue to gather input from the Office of Head Start, national organizations, and key informants on strategies to develop a system of oral health care and oral health services for Head Start, as well as methods of tracking outcomes.
- Continue to collect, review, and share promising and successful state and local models and practices via the Early Childhood Learning & Knowledge Center, newsletters, and presentations.



Access to Care (continued)

- Continue to collaborate with state Medicaid and Children's Health Insurance Programs (CHIPs), state oral health programs, state dental associations, and others to support the Centers for Medicare & Medicaid's Oral Health Initiative to increase the number of Head Start participants enrolled in Medicaid or CHIP who receive preventive oral health services.
- Promote work force, case management, and reimbursement models that increase access to/completion of care.



Systems Integration

- Summarize and analyze Head Start program information report oral health service data to identify national/regional trends, successful programs, and programs needing TA.
- Promote T/TA on valid tools to collect data on the oral health of children enrolled in Head Start that will allow for comparisons across states and can be submitted to the National Oral Health Surveillance System.



Cross-Cutting Issues

- Share links to resources, and promote inclusion of Head Start and perinatal/early childhood oral health information in learning modules for students and residents.
- Encourage dental manufacturers, insurers, grantmakers, and others to contribute or leverage resources for Head Start activities.



What is the Role of the Head Start-Dental Hygienist Liaison?

- Dental hygienists in every state are serving in **volunteer** roles to:
 - Provide a **communication link** between NCH and Head Start oral health activities and programs.
 - **Collaborate** with state organizations and ongoing networks (e.g., Dental Home Initiatives), including state dental directors and Head State state collaboration office directors, to address prevention and access-to-care issues.



What is the Role of the Head Start-Dental Hygienist Liaison?

- Dental hygienists in every state are serving in **volunteer** roles to:
 - Assist in promoting **evidence-based preventive and educational services** to Head Start statewide.
 - **Share links to resources** with Head Start and other partners to improve consistent messaging on oral health.



Examples of Success Stories



Oral Health Project Activities to Support Head Start Staff

Katrina Holt, M.P.H.,
M.S., R.D.



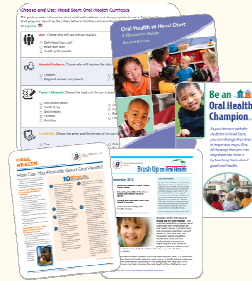
Oral Health Project Activities to Support Head Start Staff

What do we do?

- Identify, review, and develop materials
- Respond to requests
- Conduct and coordinate trainings at meetings
- Coordinate and collaborate with health professionals, social service providers, other national centers, and training and technical assistance activities
- Maintain an oral health workgroup



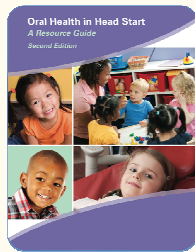
Materials for Head Start Staff, Families, and Health Professionals



- Resource guides
- Curricula
- Manuals
- Tip sheets
- Newsletters
- Booklets
- Posters
- Brochures
- DVDs



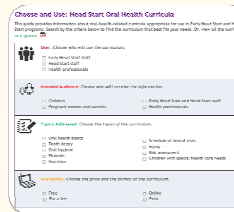
Oral Health in Head Start: A Resource Guide



- Material descriptions and contact information
 - National initiatives and programs
 - Policy
 - Professionals education and training
 - Public education
 - Surveillance
- Organization descriptions and contact information



Choose and Use: Head Start Oral Health Curricula

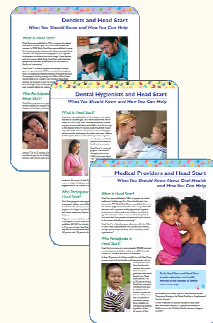


- Guide for selecting curricula
- User
 - Head Start
 - Health professionals
- Intended audience
 - Children
 - Pregnant women and parents
 - Head Start staff
 - Health professionals
- Topics addressed
- Availability
 - Free
 - For a fee
 - Online
 - Print



What You Should Know and How You Can Help Tip Sheet Series

- For dentists, dental hygienists, and medical professionals
- Overview of Head Start program and participants
- Oral health status and access to services
- Ways to provide oral health services



Tip Sheet Series for Head Start Health Managers and Families

- Information for health managers
- Ways parents can help their infant or child
- Key resources
- Written at 4th grade reading level



Brush Up on Oral Health Newsletter



- Includes current practice, practical tips, and recipes for healthy snacks
- Topics addressed
 - Oral health and school readiness
 - Toothbrushing
 - Parent engagement in oral health
 - Pregnancy and oral health
 - Infant oral health
 - Oral health literacy
 - Cultural and linguistic competence and oral health



Be an Oral Health Champion Booklet and Poster

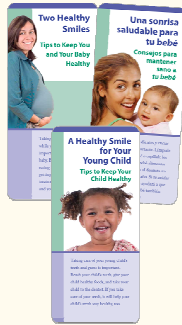


- Promote awareness of problems children with poor oral health may experience
- Ideas for promoting oral health and preventing oral disease in children



Brochures

- Educate pregnant women and parents about the importance of oral health, oral hygiene, and nutrition
- Content includes brushing, eating healthy foods, and regular dental check-ups and treatment
- Written at 4th–6th grade reading level
- In English and Spanish



Early Childhood Learning & Knowledge Center



- Head Start program performance standards, policy clarifications, and program instructions
- Featured resources
- Additional resources (assessment, follow-up care and treatment, education, and policies and procedures)

<http://eclkc.ohs.acf.hhs.gov/hslc/tta-system/health/Health/Oral%20Health>



National Center on Health Contact Information

Phone: (888) 227-5125

E-mail: nchinfo@aap.org

Website: <http://eclkc.ohs.acf.hhs.gov/hslc/tta-system/health/center>



Questions?



Photo Credit: Wikimedia Commons

